Doctoral Intern Orientation Schedule: Fall 2015
(Check your titanium schedules for location of trainings/meetings) – 8/13/15

Monday, August 24: Welcome & Nuts and Bolts
8:30-9:00 Meet with Brooks Morse, Associate Director & Training Director and Liz Asta, Assistant Training Director and Practicum Coordinator for introductions.
9:00-11:00 Meet with Rod Keck, Administrative Services Coordinator, Turi Holte, Accountant and Brooks for UCTC orientation, office furniture review, keys, parking, P & P manuals, etc.
11:00-11:30 Choosing Offices with Rod/Brooks
11:30-1:30 Lunch on your own and free time (good time to get ID’s/parking pass)
1:30-3:30 Computer set up and training with Michele Brown from SAIT. This includes security debriefing as well as individual time to meet with SAIT to learn how to use outlook email, spark, camera, and audio equipment on computer. When not meeting with SAIT/Brooks, spend time in offices to decorate, set up files, etc.

Tuesday, August 25:
8:30-9:15 Administrative Issues with Rod Keck, Administrative Services Coordinator including telephones, voice mail, and other details.
9:15-9:30 break
9:30-10:30 Meet with Brooks and Liz to discuss rotation/concentration areas
10:30-12:00 Tour of UO campus with UCTC Outreach Team Members (meet at front desk)
12:00-1:30 Lunch
1:30-2:00 Travel time to Benefits Department
2:00-4:00 Benefits Session at 677 East 12th, 4th floor of the Physicians & Surgeons Building near the corner of 12th and Hilyard.
4:00-4:30 Free time to get settled in or go home early

Wednesday, August 26:
8:30-10:00 Meet with Brooks & Liz to to discuss Multiple Role Relationships
10:00-10:30 Break
10:30-12:00 Introduction to Clinical Systems with Joseph DeWitz, Clinical Director and Assistant Director and Brooks
12:00-1:00 Lunch Break
1:00-2:30 Introduction to Outreach and Consultation Programs w/ Mariko Lin, Director of Education and Prevention and Suzie Stadleman, Outreach Coordinator
2:30-3:30 & Meet with Brooks and Liz individually for 30 min. each to discuss training needs (Brooks office) (when not meeting with Training Directors, reading intern manual and when done, clinical and P&P manual)
4:00-5:00

Thursday, August 27:
8:30-10:30 UCTC New Staff Breakfast Social with all staff at the Lewis Lounge
11:00-12:00 Meet with the Testing Center Staff in Testing Center w/David Espinoza, Assistant Director and Testing Center Director; Lisa Montgomery, and
Jenny Rouch, and student employees Ashley Rausch, Christine Morreira and Hannah Montgomery

12:00–1:00 break (lunch, spending time together, getting to know staff, setting up office)
1:00–2:30 Introduction to Groups Program w/ Asha Stephen, Groups Coordinator
2:30–3:00 break
3:00–4:00 Meet with Shelly Kerr, Director, Counseling and Testing Center, Joseph DeWitz, Assistant Director/Clinical Director, and Brooks Morse, Associate Director/Training Director to discuss overview of and culture of agency.
4:00–4:30 Get staff photo taken by Rod Keck (meet him at front desk)

Friday, August 28: Intern Retreat
9:00–4:30 Intern Retreat with Brooks and Liz (Brooks' house): dress comfortably - team building, overview nuts and bolts of internship, norms of the Center (bring intern manual)
Monday, August 31:

8:30-9:30  **External Resources w/Jenny Morlok, Case Manager & External Resources Coordinator**

9:30-10:00  break

10:00-11:00  Sit in with **Senior Clinical Staff Assessment Counselor**, Brooks, to observe triage/assessment process and learn to write UCTC initial assessments.
- When not on assessment: read intern and clinical booklets; review forms and procedures related to clinical system

11:00-12:00  **Group Therapy** with Asha Stephen, Group Coordinator

12:00-1:00  Lunch

1:00-2:00  **Crisis Intervention Seminar #1 with Joseph**

2:00-3:00  Sit in with **Senior Clinical Staff Assessment Counselor**, Brooks, to observe triage/assessment process and learn to write UCTC initial assessments.
- When not on assessment: read intern and clinical booklets; review forms and procedures related to clinical system

3:30-4:30  More on **Outreach Programming (Theory)** with Mariko

Tuesday, September 1:

8:30-9:50  **Clinical System Training** – Begin training on *Assessment, Initial Assessment, Clinical Team, and referral process* with **Joseph and Brooks** (bring manuals)

9:50-10:00  Break

10:00-11:00  Sit in with **Senior Clinical Staff Assessment Counselor** (Mark) to observe triage/assessment process and learn to write UCTC initial assessments.
- When not on assessment: read manuals and titanium website, review forms and procedures related to clinical system

11:00-12:00  **Titanium Training with Joseph and Brooks**

12:00-1:00  Lunch

1:00-2:00  Sit in with **Senior Clinical Staff Assessment Counselor**, (Mark) to observe assessment process and learn to write UCTC initial assessments.
- When not on assessment: read manuals and titanium website, review forms and procedures related to clinical system

2:00-3:00 & **Meet individually with Brooks/Liz** for 30 minutes to continue discussing rotations and discuss supervision needs. When not meeting with Liz/Brooks, sit in on any triage/assessment available.

3:30-4:30

Wednesday, September 2:

8:00-11:00  Meet with Campus Partners/Schedule meetings re: consultation project

11:00-12:00  Sit in with **Senior Clinical Staff Assessment Counselor**, Joseph, to observe assessment process and learn to write UCTC initial assessments.
- When not on assessment: meet with Brooks to talk about training needs and goals, MariKo talk about outreachs, other staff who provide supervision, read manuals, review clinical forms and procedures

12:00-1:00  Lunch Break

1:00-2:30  **Substance Abuse Seminar #1** with Al Siebel, AOD Coordinator, and AOD Post-doctoral psychology residents Whitney Statham and Stacie Rowan

2:30-3:00  break

3:00-4:00  Sit in with **Senior Clinical Staff Assessment Counselor**, Joseph, to
observe assessment process and learn to write UCTC initial assessments. When not on assessment: meet with Brooks to talk about training needs and goals, Mariko to talk about outreaches, other staff who provide supervision, read manuals, review clinical forms and procedures.

4:00-4:30 Decorate/Read manual

**Thursday, September 3:**

8:30-9:30 **All Staff Meeting** (Hearth- basement of Health, Counseling, Testing bldg)
Topic TBD

9:45-10:45 **Clinical Team** in basement room 13 (pick up clients to start meeting with next week)

11:00-12:00 Send scheduling e-mails to your clients

12:00 -1:00 Lunch

1:00-2:45 **Continued discussion on** tasks and responsibilities with internship **with Brooks** (Supervision Received/Multiple Roles/Competence problem resolution)

2:45-3:00 Break

3:00-4:30 **Psychological Testing opportunities** with **Brent Horner**

**Friday, September 4:**

8:30-10:30 More clinical system training w/Joseph and Brooks – brief therapy, session notes, treatment plans, termination reports, Triage and Initial Assessment, Referrals to Community, and Case Management

10:30-11:00 Break

11:00-12:00 Sit in with **Senior Clinical Staff Assessment Counselor**, Asha, to observe assessment process and learn to write UCTC initial assessments.
- When not on assessment: meet with Mariko to discuss consultation projects, Liz about rotations; staff who provide supervision; read manuals, titanium help website, review forms and procedures related to clinical system

12:00-1:00 Lunch

1:00-2:00 **Orientation to Trans* Care** with **Brent Horner**, Transgender Care Team Leader

2:00-3:00 Sit in with **Senior Clinical Staff Assessment Counselor**, Asha, to observe assessment process and learn to write UCTC initial assessments.
- When not on assessment: begin to identify potential consultation projects; meet with staff who provide supervision; read manuals, titanium help website, review forms and procedures related to clinical system; decorate offices

3:00-4:30 **Multicultural Diagnosis: It is not an oxymoron** with **Brent Horner**, Psych Assessment Coordinator and **Staff Psychologist and Alisia Caban**, Assistant Clinical Director and Staff Psychologist
Monday, September 7: LABOR DAY – UCTC CLOSED

Tuesday, September 8:
9:00-11:00 Suicide and Violence Risk Assessment Training with Shelly (doctoral interns and GTF’s as well as any sr. clinical staff who didn’t attend last year) in Heath.
11:00-12:00 Sit in with Senior Clinical Staff Assessment Counselor, Brent, to observe assessment process and learn to write UCTC initial assessments.
   • When not on assessment: read intern and clinical booklets; review forms and procedures related to clinical system, see clients
12:00-1:00 Lunch
1:00-2:00 Sit in with Senior Clinical Staff Assessment Counselor, Brent, to observe assessment process and learn to write UCTC initial assessments.
   • When not on assessment: read intern and clinical booklets; review forms and procedures related to clinical system
2:00-3:00 See clients
3:00-4:30 Brief Therapy #1 with Chandra Mundon, Staff Psychologist & AOD Specialist and Liz Asta

Wednesday, September 9:
8:30-11:00 meet with your clients or provide outreach; work on identifying your consultation project topic; read manuals, review forms and procedures related to clinical system
11:00-12:00 Sit in with Senior Clinical Staff Assessment Counselor, Alisia, to participate in triage/assessment process whether observing or being observed.
   Time to write triage/initial assessments if your turn.
   • When not on assessment: meet with your clients or provide outreach; work on identifying your consultation project topic; read manuals, review forms and procedures related to clinical system
12:00-1:00 Lunch
1:00-2:30 Eating Disorders Seminar #1 with Susie Musch, Eating Disorders Coordinator and Staff Psychologist
2:30-3:00 break
3:00-4:30 Crisis Intervention Seminar #2 with Joseph

Thursday, September 10:
8:30-9:30 All Staff Meeting (Hearth- basement of Health, Counseling, Testing bldg) Topic TBD
9:45-10:45 Clinical Team in basement room 13
11:00-12:00 Meet with clients, etc.,
12:00-1:00 Lunch
1:00-2:50 Practicum Internship Program with Liz Asta, Practicum Coordinator and Brooks Morse, Supervision of Supervision seminar leader
3:00-4:30 Supervision provision introduction with Brooks
Friday, September 11:
8:30-10:00  Eating Disorders Seminar #2 with Susie
10:00-11:00  Administrative/Clients
11:00-12:00  Sit in with Senior Clinical Staff Assessment Counselor, Asha, to
participate in triage/assessment process whether observing or being observed.
Time to write triage/initial assessments if your turn.
• When not on assessment: meet with your clients or provide outreach; work on identifying
your consultation project topic; read manuals, review forms and procedures related to clinical
system, talk with Asha about groups, Liz about rotations, Mariko about consultation projects,
Brooks about supervision, etc.,

12:00-1:00  Lunch
1:00-2:30  AOD seminar #2 with Al, Stacie & Whitney
2:30-3:00  break
3:00-4:30  Brief Therapy Seminar #2 with Chandra
Monday, September 14:

8:30-10:50  Crisis Intervention Seminar #3 with Joseph
11:00-12:00 Sit in with Senior Staff Assessment Counselor, Liz to participate in triage/assessment process whether observing or being observed. Time to write triage/initial assessments if your turn.
   • When not on assessment: meet with your clients; read manuals, review forms and procedures related to clinical system, talk with Asha about groups, Liz about rotations, Mariko about consultation projects, Brooks about supervision, etc.,

12:00-1:00  Lunch
1:00-2:00  Sit in with Senior Staff Assessment Counselor, Liz to participate in triage/assessment process whether observing or being observed. Time to write triage/initial assessments if your turn.
   • When not on assessment: meet with your clients; read manuals, review forms and procedures related to clinical system, talk with Asha about groups, Liz about rotations, Mariko about consultation projects, Brooks about supervision, etc.,

2:00-3:30  AOD Seminar #3 with Al, Stacie & Whitney
3:30-4:30  Meet with clients/supervision received

Tuesday, September 15:

PROFESSIONAL STAFF RETREAT
Interns will be participating in training activities on their own while the UCTC is closed due to permanent professional staff on retreat. Do not schedule any client contacts for this day.

12:00-1:00  Lunch with Robin Holmes, Vice President of Student Life at 221 Johnson Hall [lunch sandwiches provided]

When not in meetings with campus colleagues read manuals, review forms and procedures related to clinical system, write up clinical notes and document contacts.

Wednesday, September 16:

8:00-11:00  Meet with Campus Partners/Schedule meetings re: consultation project
11:00-12:00 Sit in with Senior Clinical Staff Assessment Counselor, Mariko to participate in triage/assessment process whether observing or being observed. Time to write triage/initial assessments if your turn.
   • When not on assessment: meet with your clients or provide outreach; work on identifying your consultation project topic; read manuals, review forms and procedures related to clinical system, talk with Asha about groups, Liz about rotations, Mariko about consultation projects, Brooks about supervision, etc.,

12:00-1:00  Lunch
1:00-2:30  Brief Therapy Seminar #3 with Liz and Chandra
2:30-3:00  break
3:00-4:30  Trauma Seminar #1 with Brooks, IPV Response Coordinator
Thursday, September 17:

8:30-9:30 All Staff Meeting (Hearth- basement of Health, Counseling, Testing bldg)
Topic TBD

9:45-10:45 Clinical Team in basement room 13 (pick up one–two clients to start meeting with next week)

11:00-12:00 Self-care while managing all the responsibilities with Brooks

12:00-1:00 Lunch Break

1:00-2:30 Trauma Seminar #2 with Brooks

3:00-4:00 Staff Assessment Counselor, Chandra, to participate in triage/ assessment process whether observing or being observed. Time to write triage/initial assessments if your turn.

• When not on assessment: meet with your clients or provide outreach; work on identifying your consultation project topic; create template treatment plans; prepare outreach materials and outlines for the year; read manuals, review forms and procedures related to clinical system

Friday, September 18:

8:30-9:00 Check-in with Brooks

9:00-11:00 Admin/Meet with clients

11:00-12:00 Staff Assessment Counselor, Whitney, to participate in triage/ assessment process whether observing or being observed. Time to write triage/initial assessments if your turn.

• When not on assessment: meet with your clients or provide outreach; work on identifying your consultation project topic; create template treatment plans; prepare outreach materials and outlines for the year; read manuals, review forms and procedures related to clinical system

12:00-5:00 Life in the Halls Training Outreach and lunch with Residence Life staff in Living Learning Center Hall. Mariko Lin and Suzie Stadelman will take the lead in coordinating. Assisting new resident advisors debrief mental health intervention scenarios (scenario-based role-play training for conduct and incidents of concern). They will also provide lunch from 12-1.
Monday, September 21:
8:30-11:30  Multicultural Supervision Training for all clinical staff and trainees with Asha Stephen, Staff Psychologist & Brent Horner, Staff Psychologist at Lewis Lounge
11:30-1:00  Lunch
1:00-1:50  Debrief “Life in the Halls” with Mariko and Suzie
2:00-3:30  ED Seminar #3 with Susie
3:30-5:00  Meet with clients
5:00-6:30  Doctoral interns and practicum intern “Get to know ya” in the Multipurpose Room w/Liz and Brooks. Dinner will be provided.

Tuesday, September 22:
8:00-9:00  Administrative/Case Management
9:00-11:00  Ethics Dialogues w/ Mark Evans, Staff Psychologist and Chandra Mundon for senior clinicians (including post-docs), doctoral interns, GTF, & PIs in the Lewis Lounge, 4th floor of Law School
11:00-12:00  Administrative and travel time to Washington Community Center.
12:00-5:00  All-Staff Retreat (more details to come)
Recreational retreat for ALL UCTC staff to welcome new trainees and student employees/Student Advisory Board to the UCTC. Lunch will be provided by UCTC. Lots of fun activities planned to help acquaint us with each other. Informal - dress for the weather. Site is Washington Park Community Center.

Wednesday, September 23:
8:30-9:30  Program Evaluation with Shelly
9:30-10:00  Administrative
10:00-12:00  Check in & Trauma Seminar #3 with Brooks
12:00-1:00  Lunch
1:00-5:00  Be on assessment/triage when you have an assessment shift scheduled. When you are not on assessment - see clients, meet with supervisors and supervisees, organize office, etc.

Thursday, September 24:
8:00-11:00  UCTC Staff Volunteer for Housing Move-In Unpack the Quack Outreach
11:00-12:00  Meet with University Health Center Psychiatry Department staff, Gayle Frunz & Rick Friedrich
12:00-1:00  Lunch
1:00-5:00  Be on assessment when you have an assessment shift scheduled. When you are not on assessment - see clients, meet with supervisors and supervisees, organize office, etc.

Friday, September 25:
8:30-10:00  Wrap up on Clinical Systems with Joseph
10:00-12:00  Prepare for fall term
12:00-1:00  Lunch
1:00-5:00  Be on assessment when you have an assessment shift scheduled. When you are
Monday, September 28 - CLASSES BEGIN