



# All Sizes Fit

**Calendar of Events**  
February 18-22

## **Week-long Events**

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Visit the **Body Appreciation Gallery** on the second floor of the University Health, Counseling and Testing Center

### **Monday February 18th**

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**12:00 pm - 2:00 pm** Come and get some information about Health at every size in the EMU

**4:00 pm - 6:00 pm** Come and get some information about Health at every size in the Rec Center

**6:00 pm** *Film Showing: America the Beautiful 2: The Thin Commandments* - In the Great Room, Global Scholars Hall -

### **Tuesday February 19th**

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**12:00 pm - 2:00 pm** Sign the No Fat Talk Pledge at the EMU

**4:00 pm - 6:00 pm** Sign the No Fat Talk Pledge in the Student Rec Center

**4:00 pm - 5:00 pm** Interactive Workshop on **Body Image and Sizeism** - 166 Lawrence - RSVP by e-mailing [east@uoregon.edu](mailto:east@uoregon.edu)

### **Wednesday February 20th**

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**4:00 pm - 6:00 pm** Check out the information table in the Rec Center to learn something new about health and body image

**6:00 pm** Cara Freudenberg and Audra Horney **"The Cost of Beauty: Body Image and the Media"** - Ben Linder Room, EMU -

### **Thursday February 21st**

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**12:00 pm - 2:00 pm** Make a commitment to loving your body at the EMU

**4:00 pm - 6:00 pm** Make a commitment to loving your body at the Rec Center

**6:00 pm** *Film Showing: Miss Representation* - Lawrence 177 -

### **Friday February 22nd**

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**"Love Your Genes" Day.** Wear comfortable jeans and no make-up to celebrate your body exactly as it is

**12:00 pm - 12:50 pm** Join us for a walk around campus to celebrate active lifestyles, meet in front of the Health and Counseling Building

**2:00 pm - 3:30 pm** **"Make Your Own Soaps"** To register, call the Craft Center 541-346-4361 by 2/21, students-\$5, faculty/staff- \$12

**4:00 pm - 5:00 pm** **Love the Way your Body Moves** Dance workout - SRC 41 - It's FREE!



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[facebook.com/allsizesfit](https://facebook.com/allsizesfit)  
**CELEBRATING HEALTH AT EVERY SIZE**

**Presented By:** University Counselling and Testing Center, University Housing, University Health Center, Physical Education and Recreation

All workshops are accessible to individuals with disabilities. Contact [east@uoregon.edu](mailto:east@uoregon.edu) to request accommodations